



North West Perinatal/ Neonatal Palliative Care SANDS PACK



"There is no footprint so small, that it does not leave an imprint on this world"

**This document has been produced in partnership with
the Northwest Paediatric Palliative Care Network**



MAKING MEMORIES – PART 1; THE SANDS INFORMATION PACK

As standard all families should be offered the Sands bereavement support pack to ensure consistency of written information.

The following booklets are contained in the pack:-

Information & support for grandparents

Returning to work after the death of your baby

Information for employers

Deciding about a post mortem examination – information for parents

Deciding about a funeral for your baby

Saying goodbye to your baby

Supporting children when a baby has died

Sexual relationships after the death of a baby

For family & friends

Another pregnancy?

Late miscarriage, stillbirth, neonatal death: a guide to the financial help available.

These leaflets are available free of charge from Sands however a postage charge is applied. Alternatively you may like to approach your local Sands group who may offer to cover the costs of postage and order on your behalf. This will also improve links between the hospital and the local branch of the charity.

Also available is a booklet entitled long ago bereaved for families who lost many years ago and would like some guidance.